

FRC

FAMILY
RESILIENCY
CENTER



Celebrating 10 Years

2006-2016



ILLINOIS
UNIVERSITY OF ILLINOIS AT URBANA-CHAMPAIGN

Annual Report
January - December 2016

Letter From the Director



I am pleased to introduce the 2016 annual report of the Family Resiliency Center (FRC) at the University of Illinois at Urbana-Champaign. This has been a banner year for us in many regards as we celebrated the 10th anniversary of our building, Doris Kelley Christopher Hall. For those of you who have not visited our home, it is a welcoming and vibrant space designed to bring faculty, students, and community members together.

At first glance, it seemed like such a simple vision by our former Department Head Dr. Constance Shapiro, inaugural FRC Director and former Associate Dean Laurie Kramer, and alumna Doris Kelley Christopher—create a warm, inviting space that brings people together. However, academic environments are often noted more for their silos than collaborative atmosphere. The vision of these leaders and the creation of the Food

and Family Program ultimately brought these goals to reality. The FRC now has 31 faculty affiliates, extending across 2 campuses, 8 colleges and schools, and 14 disciplines and departments. We are able to fulfill our land-grant mission of integrating research, education, and outreach seamlessly in an all-inclusive space.

Because of our meeting spaces, research home, and state-of-the-art facilities, researchers across campus are eager to form teams to address some of the toughest issues facing our society today, including the prevention of childhood obesity via our STRONG Kids Program, reducing childhood hunger as seen in our work with food banks and out-of-school feeding programs, and reducing children's exposure to environmental toxins through our work with the Illinois Children's Environmental Health Center.

Our work extends globally, addressing important issues of health, nutrition, and active living as illustrated by the Abriendo Caminos Program for Spanish-speak-

ing families that includes partnerships in Puerto Rico. The recently launched JUS Media? Programme in Jamaica is another example of our expanding global reach.

Community engagement is a key activity in Christopher Hall, and we are fortunate to house The Autism Program (TAP), an award-winning program that serves numerous professionals and parents each year. Family members frequently comment on the warm and inviting atmosphere of TAP, which is a stark contrast to the medical waiting rooms they are so accustomed to. You can see them relax as they receive the crucial support they need, which is not available anywhere else in the community.

Although a decade is a milestone to celebrate, we are just getting started and look forward to the next 10 years of finding innovative and meaningful ways to strengthen families as they face life's daily challenges.

— Dr. Barbara Fiese

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A Decade in Christopher Hall



By Stephanie Henry

The vision for a new space began in the early 2000s when Doris Kelley Christopher, founder and chairman of Pampered Chef, Ltd. and an Illinois graduate, returned to campus to observe programs related to family and food in the College of Agricultural, Consumer and Environmental Sciences. In 2000, Christopher and the Pampered Chef assisted in establishing the Family Resiliency Program in the Department of Human and Community Development, recently renamed the Department of Human Development and Family Studies.

After touring a windowless observation lab in the basement of one building where researchers observed families from a furnace room, Christopher recalls, “I was intrigued by the concept of family interactions, and amazed to see the work these researchers were doing considering the crudeness of the setup. But it wasn’t really a place where a family would have an interaction. And the idea came to me that this was work that deserved a better place. It deserved a more state-of-the-art facility.”

On her tour that day, Christopher observed Professor Laurie Kramer’s research on children and sibling relationships. “I brought Doris down to my lab and I was so proud and so excited to tell her about the work I was doing,” Kramer says. “She was very attentive and said it was great work.”

After the lab visit, both Shapiro and Diane Marlin, a former coordinator of the Family Resiliency Program, recall Christopher announcing, “We have got to get Laurie’s research out of the basement!”

With a commitment of funding from Christopher, the conversation began about a new building. At the top of the list was creating a place that felt like home. “We wanted to do research in a home-like setting,” Marlin recalls. “Many of the studies this department does involve going into people’s homes to observe them interacting. But we thought it would be wonderful to have a research home on campus where we could conduct research with families in a home-like setting.” Crews broke ground on an empty tract of land in late 2004.

FROM VISION TO REALITY

In 2006, Christopher Hall became home to the FRC and Kramer was named as its first director. Some of the first projects and programs to benefit from the new building included Kramer’s sibling relationships research, a siblings group for The Autism Program (TAP), and other community groups.

Today, the building’s research home features a living room, dining room, and fully-functional kitchen. The research home, slightly separate from the rest of the building, is a unique observational facility, equipped with seven unobtrusive

◀ Pampered Chef Founder Doris Kelley Christopher speaking at the Christopher Hall anniversary celebration.

cameras and microphones that allow for 360-degree recording of family, couple, and group interactions. A control room houses recording equipment, allowing for different views of the scene and close-up recording.

“The research home has been a game changer in terms of having a space to see what families are really doing with each other, without them feeling like they are in an artificial situation,” Kramer says.

Classrooms, project rooms, and a studio give students and researchers spaces to learn and collaborate. The atrium is often used as the site for celebrations by the HDFS department as well as by other units on campus. Highlighting the importance of community outreach, Christopher Hall is also home to TAP’s resource room. The program, through HDFS and the Department of Special Education at Illinois, offers the community free educa-

tion and training materials, and staff consultations.

CHRISTOPHER HALL’S IMPACT

Over the last 10 years and today, the FRC continues to help families by researching issues such as childhood obesity and health with the STRONG Kids Program, or looking at the connections between food and family life with initiatives such as the Food and Family Program.

Christopher says the FRC’s programs are “creating tools that all families need to be successful. And it’s so important for me when I see a family sitting around a table, like the one in our research home here, enjoying food and conversation and learning about each other. Ultimately, this building is the coming together of people doing research about what makes families strong that can in turn be put into programs and teachings that can help families everywhere. That’s the lasting impact of this facility.”

Ultimately, this building is the coming together of people doing research about what makes families strong.

—Doris Kelley Christopher
Pampered Chef Founder

Current FRC director Barbara Fiese says the environment of the building will keep allowing for important research on strengthening families. “Although we’ve accomplished a lot of great work, the work isn’t done, that’s for sure. But we’re on the right trajectory. There are so many times where I walk through the building and think that Doris would be so happy because it’s such a vibrant place and so many great things are happening here.”

▼ From left to right: Dr. Barbara Fiese, Doris Kelley Christopher, Dr. Laurie Kramer, and Diane Marlin at the Christopher Hall anniversary celebration.



New Christopher Family Foundation Food and Family Projects

The Christopher Family Foundation Food and Family Program is excited to announce funding for two new research projects: **Gene–Microbiome–Environment Interactions**, looking at how genetics, the gut microbiome, and the family environment interact, and the **JUS Media? Programme**, a project exploring how exposure to Western media can affect dietary habits in the Caribbean.

GENE—MICROBIOME—ENVIRONMENT INTERACTIONS

Building upon the STRONG Kids Program, this project looks at how genetics, the gut microbiome, and the family environment interact in children’s food consumption, parental feeding practices, and family relationships.

We’re seeking to identify associations between genetic make-up and picky eating in children at 12, 18, and 24 months.

—Dr. Sharon Donovan
Principal Investigator

Picky eating behaviors are prevalent among toddlers and are associated with risk of both underweight and overweight children. Parents may respond to their child’s picky eating behaviors through the use of controlling feeding practices, such as restriction and pressure to eat, in an attempt to change their child’s food intake instead of responsive feeding practices—methods that facilitate development of the child’s recognition of his or her hunger and satiety cues. However, little is known about the benefits of responsive feeding on promoting the development of healthy eating behaviors in children as they transition to table foods. Nor has the interaction between the children’s genetics and parent feeding strategies been assessed.

“We’re seeking to identify associations between genetic makeup and picky eating in children at 12, 18, and 24 months,” says Principal Investigator Sharon Donovan. The project also seeks to determine the effects of the genetic composition and observed parental feeding responsiveness in the prediction of children’s picky eating behaviors with the long-term goal to define how nature (genetic composition) and nurture (feeding environment) interact to influence the eating behaviors in young children.

PRINCIPAL INVESTIGATORS



**Sharon Donovan, PhD, RD,
Professor, Nutritional Sciences**



**Kelly Bost, PhD,
Professor, HDFS**

JUS MEDIA? PROGRAMME

Americanization is fueling unhealthy eating in Jamaica where there is a trend toward unhealthy Western diets (sugary, salty, and fatty foods). Data indicates that adopting a part-American identity in Jamaica is linked to watching more U.S. cable television, which is then linked to eating more unhealthy foods. Because compelling evidence shows that time spent watching television is a major contributor to unhealthy eating, successful media literacy programs have been designed to teach U.S. youth and families critical evaluation skills about unhealthy food advertising. However, no healthy eating or media literacy interventions exist in the Caribbean.

The long-term goal of the project is to implement an effective media literacy program in Jamaica, focusing on exposure to fast food advertising and a Western

We're hoping that our work in Jamaica can be a case study where we can have a chance to pilot a school and community-based approach to media literacy interventions that support healthy eating.

—Dr. Gail Ferguson
Principal Investigator

diet. According to Principal Investigator Gail Ferguson, “We’re hoping that our work in Jamaica can be a case study, the first of many countries, where we can have a chance to pilot a school- and community-based approach to media literacy interventions that support healthy eating.” By combating risk factors for unhealthy eating in Jamaica, this program has the potential to make a substantial contribution to improving diet and decreasing risk for chronic disease.

National Institutes of Health Research Grant

In addition to the Christopher Family Foundation support, JUS Media? investigators were recently awarded funding from the National Institutes of Health (NIH) to expand the project. The \$250,000 research grant will support Promoting Healthy Eating Habits in Jamaican Schools Through Food-Focused U.S. Media Literacy, a transdisciplinary project which will combat the negative impact of increased U.S. media consumption on eating habits in Jamaica.

Their collaboration will implement effective media literacy programs in developing regions impacted by cultural globalization. By combating U.S. media effects as a risk factor for unhealthy eating in Jamaica, this project can make positive contributions to improving diet, decreasing risk for chronic disease, and ultimately strengthening families.

PRINCIPAL INVESTIGATORS



**Gail Ferguson, PhD,
Assistant Professor, HDFS**



**Michelle Nelson, PhD,
Associate Professor, Advertising**



**Julie Meeks, PhD, Professor,
The University of the West Indies**

New Support for STRONG Kids 2

Exploring dietary habits from birth, the STRONG Kids Program recently received an additional \$548,275 of support from the National Dairy Council (NDC) to extend its current research project, **STRONG Kids 2**, through 2019.

STRONG Kids 2 explores how individual biology and dietary habits interact with the family environment to provide unique insights into childhood obesity. The increased support allows researchers to follow participants until age five—a critical point for children as they become more vocal about food preferences and spend more time in out-of-home care.

This longer observational time will provide a clearer picture of early childhood health.

—Dr. Barbara Fiese
FRC Director

“This longer observational time will provide a clearer picture of early childhood health,” says STRONG Kids Co-Director Dr. Barbara Fiese. “We are already seeing important shifts in growth during the first year of life in this group of infants.” Being able to track these patterns into the preschool years will allow researchers to identify potential points of intervention to protect children against unhealthy weight in the early years.

The new support also allows expansion of recruitment to ensure enough families are retained over the length of the study. “Expanding both the cohort and the length of data collection is important,” says Co-Director Dr. Sharon Donovan, “because it ensures that we have sufficient statistical power to examine health and dietary changes over time.”

The new funding also allows researchers to enhance biological collections, observations, and surveying measurements through added questionnaires and home observations to ensure they have a clearer picture of dietary intake.



Feeding Kids in Care



Supported by both the FRC and the Institute of Government and Public Affairs, the **Feeding Kids in Care** project provides opportunities for faculty and students to collaborate on research examining the Child and Adult Care Food Program (CACFP) in child care settings that serve children. Project researchers aim to examine program operations and administration as well as the benefits of CACFP participation for young children and early care and education professionals. The results of this collaboration will inform practice and policy.

Feeding Kids in Care provides members a space for sharing ideas, knowledge, and feedback that aid in the production of peer-reviewed publications, research briefs, and applications for external funding. Through an interdisciplinary team, the project allows members to conduct larger and more complex projects than would be possible working individually.

RESEARCH TEAM

- **Barbara Fiese**, PhD, Family Resiliency Center Director, Human Development and Family Studies, University of Illinois at Urbana-Champaign
- **Rachel A. Gordon**, PhD, Professor, Institute of Government and Public Affairs, Department of Sociology, University of Illinois at Chicago
- **Brenda Koester**, MS, Family Resiliency Center Assistant Director, University of Illinois at Urbana-Champaign
- **Elizabeth T. Powers**, PhD, Associate Professor, Institute of Government and Public Affairs, Department of Economics, University of Illinois at Urbana-Champaign
- **Katherine E. Speirs**, PhD, Extension Specialist and Assistant Professor, Norton School of Family and Consumer Sciences, University of Arizona

Parents' Eating and Feeding Practices

By Sharita Forrest

A new study published in *Eating Behaviors* offers insight into why some parents who binge eat also may try to restrict their children's food intake, placing their children at higher risk for unhealthy eating habits. Parents who felt distress when their child was angry, crying, or fearful were more likely to engage in episodes of binge eating and to limit the amounts or types of food they provided to their child.

Although numerous studies have examined the effects of restrictive feeding

practices on children, the current study focused on the interplay of the parent's emotions and controlling the child's food intake, according to lead author Jaclyn A. Saltzman, a doctoral researcher in HDFS and an I-TOPP scholar. "Previous research has linked restrictive feeding practices to children's overeating, eating when they're not hungry, so we know it's a problem for children's health," Saltzman said. "We also know that parental binge eating is related to restrictive feeding, but it's a counterintuitive relationship. Why is caloric excess in one individual related to caloric restriction in the family?"

Adults who binge eat—eating unusually large amounts of food in an uncontrolled way—often struggle with feelings of shame and guilt about their behavior and have difficulty regulating their emotions. "Parents who binge are going to experience a lot of distress because of those behaviors," Saltzman said, "and we hypothesized that this emotional overload was going to bleed out into the parent-child relationship."

Saltzman cautioned that since the study was a cross-sectional analysis of the data, the researchers can't make a statistical inference that parental binge eating is caused by parents' responses to their children's emotions. However, from a theoretically grounded perspective, that explanation makes the most sense.

"We want researchers and practitioners working with problems around eating and weight to consider how parents' emotions are being brought to the dining table," says Saltzman. "Many researchers have looked at the interplay of children's emotions with their eating behaviors. However, parents control the amounts and types of food they feed their children, so you really want to focus on what's happening with parents' emotions, not just what's happening with the kids."



◀ Doctoral researcher Jaclyn Saltzman in the FRC control room.

Podcast Series Launched

We're excited to announce the launch of our new podcast series showcasing some of the exciting research and outreach work that happens at the Family Resiliency Center. Check us out in the iTunes Store or on SoundCloud.

Cooking With Your Kids

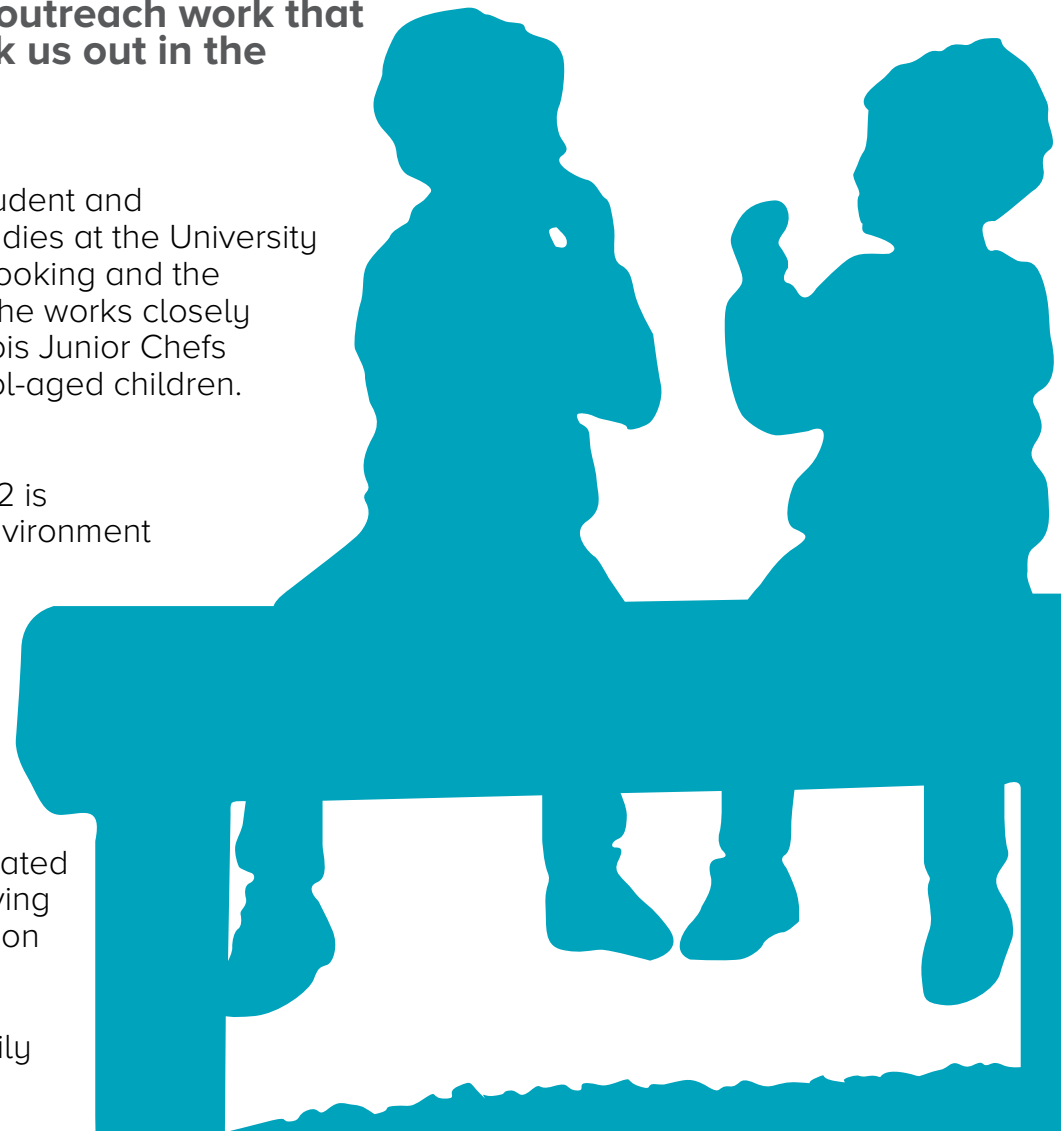
This episode features Jessica Jarick Metcalfe, a graduate student and research coordinator in Human Development and Family Studies at the University of Illinois. Her research focuses on children participating in cooking and the positive influence this may have on their food preferences. She works closely with Illinois Extension for developing and evaluating the Illinois Junior Chefs Program, a statewide cooking program geared toward school-aged children.

Exploring Childhood Obesity With STRONG Kids 2

Using a cells-to-society approach to nutrition, STRONG Kids 2 is examining how individual biology interacts with the family environment to promote healthy eating habits in young children. This episode features STRONG Kids Project Coordinator Jen Themanson, who walks us through the program's goals and provides updates on where things stand with project recruitment.

Family Health in Developing Regions and the JUS Media? Programme

Unhealthy eating is a major risk factor for obesity and associated chronic non-communicable diseases, with the Caribbean having increasingly high rates. This episode features Dr. Gail Ferguson talking about her new research project, the JUS Media? Programme, which focuses on combating risk factors for unhealthy eating in Jamaica and implementing effective family health prevention programs in developing regions.



Transdisciplinary Obesity Prevention Research Sciences

Funded by the USDA and working in conjunction with Purdue University and California State University, Fresno, the **Transdisciplinary Obesity Prevention Research Sciences (TOPRS)** project is developing an online transdisciplinary curriculum for undergraduates on the causes and consequences of childhood obesity. Complemented by classroom guides that highlight research methods used across multiple disciplines, the on-line microlecture format allows faculty to “flip the classroom,” so valuable classroom time may be spent interacting with students to promote team collaboration.

The curriculum will be completed in the summer of 2017 and then distributed across the U.S. A few selected topics from the final curriculum include:

6 Cs Ecological Approach to Obesity

Barbara Fiese, PhD

Cardiovascular Disease

Kimberly Buhman, PhD

Child Care Context and Childhood Obesity

Brent McBride, PhD

Diabetes

Nanu Gletsu-Miller, PhD

Food Advertising

Michelle Nelson, PhD

Food Policy: SNAP and NSLP

Craig Gundersen, PhD

Genetics and Obesity

Margarita Teran-Garcia, PhD, MD

Obesity and Cancer

Dorothy Teegarden, PhD

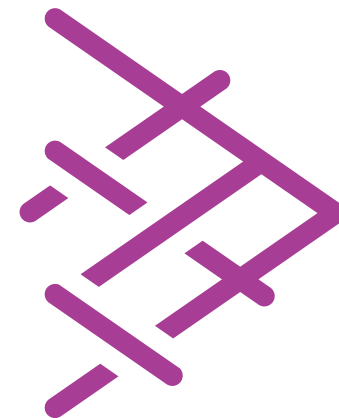
Pediatric Nutrition

Sharon Donovan, PhD, RD

Picky Eating Overview

Soo-Yeun Lee, PhD

TRANSDISCIPLINARY
**Obesity
Prevention**
RESEARCH SCIENCES



Award Winners

Graduate Student Dina Izenstark Conferred Student Teaching Award

A graduate student in HDFS, Dina Izenstark has won the 2016 College of ACES Louis V. Logeman Graduate Student Teaching Award. A fantastic teacher and researcher, Dina focuses on the effects of the natural environment on family health and well-being and the processes of positive youth development in after-school and leisure contexts for children and adolescents.



FRC Affiliate Dr. Angela Wiley Bestowed Faculty Award for Excellence in Extension

FRC affiliate Dr. Angela Wiley earned the 2016 College of ACES Faculty Award for Excellence in Extension. Dr. Wiley's research addresses factors related to resilience among diverse families in a variety of contexts and evaluates programs designed to support resilience. She also works with families to help identify challenges and strengths related to parenting and parent-child relationships.



Dr. Fiese Presented Distinguished Contribution to Family Psychology Award

The American Psychological Association's Distinguished Contribution to Family Psychology Award goes to a couple and family psychologist who has provided special contributions to research, teaching, public policy, or practice in family psychology. Barbara Fiese has contributed in all domains, and her research on the relational importance of family dinners and on the negative familial impact of food insecurity is ground-breaking and an example of how family psychology is central to public health issues.



The Autism Program

After a year-long effort to keep its doors open, **The Autism Program (TAP)** at Illinois received state support to keep providing services to the local community. On September 21st, 2016, Illinois state legislators approved funding for the program here at Illinois and for the statewide network as well. This is great news for the Urbana-Champaign community, as the resources and programs TAP offers remain vital to area families.

TAP provides a community resource center that's available to the campus community and the entire local community. The center is open during the week and



At the beginning, the first thing we tell each family is, 'This is a marathon, not a sprint.' And we will be there for them on every step of this journey.

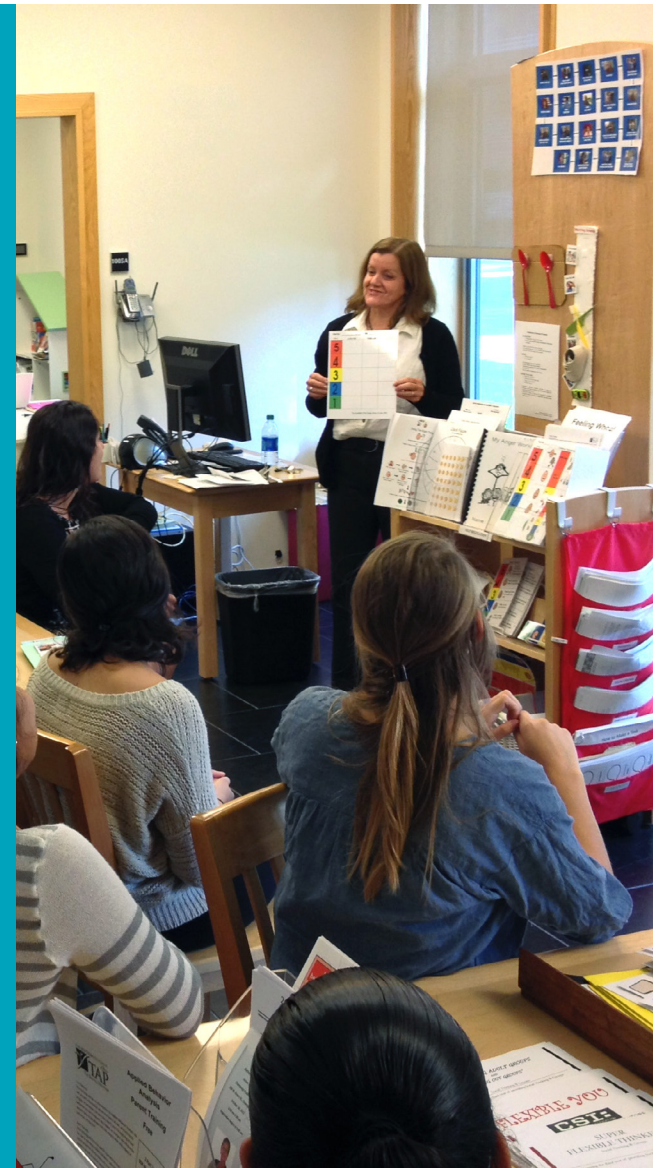


—Linda Tortorelli
TAP Director

on Saturday mornings. “Our mission is to be responsive to our community’s need for training and information on autism,” says TAP Director Linda Tortorelli. This can be anything from autism training for university staff, to educational materials for teachers who might not otherwise have the time to create materials on their own, to helping families through the journey they will be undertaking following their child’s diagnosis.

“At the beginning, the first thing we tell each family is, ‘This is a marathon, not a sprint,’” says Tortorelli. “And we will be there for them on every step of this journey.”

TAP is also invaluable to University of Illinois students. TAP’s internship program offers multiple positions to juniors, seniors, and graduate students every semester. The students can come from multiple fields of study, such as Psychology and Human Development and Family Studies—so long as they are interested in learning more about autism spectrum disorders.



▲ TAP Resource Room Coordinator Anne Hall leading a session with the program’s interns.

Summer Feeding Hubs



The Summer Food Service Program (SFSP) is a federally funded program that provides free meals to children 18 years and younger in low-income areas. Even though more than 30 million children participate in the National School Lunch and National School Breakfast Program during the school year, participation in summer feeding programs remains stubbornly low. Feeding America has focused their efforts in summer feeding over the past few years as a part of their Child Hunger Strategy.

The **Hunger-Free Summer Hub (HFSH)** initiative was recently funded through the generous support of ConAgra Food Foundation. The purpose of this effort is to determine how food banks can strategically partner with organizations in rural areas to increase access to, and participation in, SFSP.

Supported by a grant through Feeding America, the FRC is conducting a cross-site evaluation of the HFSH initiative. “We anticipate that the results from this project will inform food banks across the nation as to best practices in expanding summer feeding in underserved areas.

We anticipate that the results from this project will inform food banks across the nation as to best practices in expanding summer feeding in underserved areas.

—Dr. Barbara Fiese
FRC Director

We have been impressed by the hard work and commitment of the food banks in Arizona, Ohio, and South Carolina to form partnerships with diverse members of the community. This takes time and a keen understanding of the local community’s needs,” says Barbara Fiese, Director of the FRC.

RESEARCH TEAM

- **Barbara Fiese**, PhD, Family Resiliency Center Director, Human Development and Family Studies
- **Brenda Koester**, MS, Family Resiliency Center Assistant Director, Human Development and Family Studies

By the Numbers

6.9

Million dollars in current support for the FRC.

2.2

Million dollars in completed support for the FRC.

57

Undergraduate students working with community-based research projects.

31

Affiliate members of the FRC, across 2 campuses, 8 colleges, and 14 departments.

150

Thousand dollars in seed grant funding for Christopher Family Foundation Food and Family Program projects.

7

Federal agencies (4) and foundations (3) that support FRC research.

Staff, Affiliates, and Advisory Board

Staff



DR. BARBARA FIESE, DIRECTOR

A Professor in the Department of Human Development and Family Studies and The Pampered Chef Endowed Chair in Family Resiliency, Dr. Fiese has been the Family Resiliency Center Director since August 2008. Her research explores topics such as family mealtimes, family routines, household food insecurity and child well-being, child obesity prevention, and child and family health. Dr. Fiese received her PhD from the University of Illinois at Chicago in 1987.

BRENDA KOESTER, ASSISTANT DIRECTOR

As the Assistant Director of the Family Resiliency Center, Brenda Koester supports research projects, supervises staff, directs policy work, assists with grant writing, oversees budgets, directs media and communications efforts, and coordinates public engagement. She holds a BS in Speech Communication and an MS in Labor and Industrial Relations from the University of Illinois at Urbana-Champaign.



TYLER WOLPERT, COMMUNICATIONS SPECIALIST

Tyler Wolpert has been the Visiting Communications Specialist for the Family Resiliency Center since September 2014. He works with the faculty and staff of the Family Resiliency Center to plan and implement communications efforts. Tyler holds a BA in English from Illinois State University and is currently working toward an MPA from the University of Illinois at Springfield.

DIANE DAVIS, OFFICE MANAGER

Office Manager Diane Davis assists with the day-to-day operations of the FRC and is an integral member of the team. Originally from Indianapolis, Diane has been with the University of Illinois for over 30 years in a variety of roles and offices, including more than 14 years of service working for Residential Life in Student Housing where she was able to assist various student groups like I-Guides or Women of Color.



A complete staff listing can be found at familyresiliency.edu/about/staff.

Research Affiliates*

KELLY BOST, HDFS
SHARON DONOVAN, Nutritional Sciences
AARON EBATA, HDFS
GAIL FERGUSON, HDFS
MARIAN FITZGIBBON, Institute for Health Research and Policy, UIC
JODI FLAWS, Comparative Biosciences
RACHEL GORDON, Sociology, UIC
DIANA GRIGSBY-TOUSSAINT, Nutritional Sciences
CRAIG GUNDERSEN, ACE
HANNAH HOLSCHER, FSHN
ROBIN JARRETT, HDFS
ROD JOHNSON, Nutritional Sciences
JANICE JURASKA, Psychology
NAIMAN KHAN, Kinesiology and Community Health
HILLARY KLONOFF-COHEN, Public Health

LAURIE KRAMER, Applied Psychology, Northeastern University
REED LARSON, HDFS
SOO-YEUN LEE, FSHN
JANET LIECHTY, Social Work
BRENT McBRIDE, HDFS
JENNIFER McCAFFREY, Family and Consumer Sciences
NANCY McELWAIN, HDFS
MICHELLE NELSON, Advertising
ELIZABETH POWERS, Economics
MARCELA RAFFAELLI, HDFS
SUE SCHANTZ, Comparative Biosciences
CONSTANCE SHAPIRO, HDFS
MONIKA STODOLSKA, Recreation, Sport, and Tourism
MARGARITA TERAN-GARCIA, Nutritional Sciences
ANGELA WILEY, HDFS
JOHN WIRTZ, Advertising

Complete profiles of the research affiliates can be found at familyresiliency.illinois.edu/about/affiliates.

*Affiliates are faculty at the University of Illinois unless otherwise noted.

External Advisory Board

ROBIN BROWN, Midwest Dairy Council
JEREMY EVERETT, Texas Hunger Initiative
MARLENE SCHWARTZ, University of Connecticut
THOMAS S. WEISNER, UCLA

GARY EVANS, Cornell University
ANDREW FULIGNI, UCLA
ELAINE WAXMAN, Urban Institute

Complete profiles of the external advisory board can be found at familyresiliency.illinois.edu/about/advisory-board.



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